

## South-West District Gymnastics Competition, 29/01/17

On Sunday 29<sup>th</sup> January, Niamh, Grace L and Ella from St. George's represented the school in a gymnastics competition that involved 40 teams from all over the South-West. The event took place in Bideford in North Devon which meant a really early start for some whilst Grace opted to camp overnight with her grandparents.

Although they were nervous, they all performed brilliantly, taking part in a group dance, vault and individual routines. They came second in the group dance and fourth overall – a fantastic result which they should be very proud of.

The girls had put in a lot of practise for the competition and showed a great deal of commitment. Many thanks to their amazing coach, Mrs Sarah Kendrick for preparing them for it. She also informed the school that the girls had displayed wonderful teamwork skills and said,

**“What was particularly lovely was the way they encouraged each other and their great sportsmanship.”**

