



St. George's P.S.H.E. Policy

At St. George's School it is our belief that PSHE encompasses the following areas: health education, sex education, child protection and personal and social development.

- Reflecting upon Education in Personal Relationships will form an essential aspect of life within St. George's school.
- Education in Personal relationship will be incorporated into Religious lessons and all other aspects of the school curriculum, both overt and covert. It will become an important way of life.
- We aim to help the children in our care to reach a better understanding of the nature of relationships.
- Reflect on and understand how one's own behaviour affects relationships with others
- Acquire the necessary skills to develop and sustain good relationships with others, both now and in the future
- Implementation of our aims will take into account the ages and development stages of our pupils. It will draw on all the gifts and experiences of all the adults in our school. It will reflect the Church's concern for Justice and peace and where appropriate, will involve discussions with parents in order to gain co-operation and support. Consultation with Governors and the Secondary schools to whom we feed will be an important aspect of our work.

PSHE is not dealt with as a separate area of the curriculum. It is more a way of life. Certain topics are covered in a cross- curricular approach and others dealt with as the needs arise.

British Values.

Each day, our Year Six children raise and lower the Union Flag, which is displayed outside our school, during the day.

National and cultural events are celebrated and explored throughout the school year. As we are a garrison school our links with the military are strong and we highly value their commitment to us. We always mark Remembrance Day, through Liturgies, Prayer, Displays, and Marches through town and by inviting visitors to share their experiences with us.

Examples of some of the events we celebrate and explore are: Harvest Festival, Saints Days, Remembrance, The Church Calendar, Shakespeare, Sport, The Royal Family, National Disasters and charity events, Multicultural Festivals, Summer Fayres and Fetes.

Learning to Learn.

Our philosophy is to develop a supportive learning environment. We encourage self-efficacy in our children and enable them to develop a growth mindset by modelling and teaching ways to help them learn and be independent, to try to solve problems themselves using guided steps before asking for help. Children are continually encouraged to challenge themselves in their learning, to have a go and that it is 'ok' to make mistakes because that's how we learn.

Self- Esteem

The importance of raising self esteem is seen as being very important by all who work at St. George's. An agreed policy on this includes praising good work as well as good behaviour, displaying work, star and merit system, certificates, and giving verbal recognition in front of the class and whole school.

Value

Value for an individual stems from "love". There is therefore constant emphasis on the importance of showing love towards each other in the way we behave towards each other. This is emphasised in the classroom, in the playground and in assemblies.

Home- School- Parish Links

Weekly informative newsletters are sent out from the school. Parent's evenings are held each term and parents are welcome to come into school and talk to staff on a less formal basis should the need arise.

The "Friends Association", is open to parents, staff, parish and members of the local community. Concerts and plays are similarly open. Parishioners and families are invited to celebrate School Masses. Refreshments are served afterwards providing the opportunity for parents to meet and talk.

Parents and other adults are actively encouraged to come in to school and support the children in their work. Links also exist with the military community.

Outside "experts" are invited nurse, doctor, grandparents, parents from other cultures.....

Sex and Relationships Education

We follow the guidance from the Bishop's Conference and use 'A Journey in Love' as our scheme. See Sex and Relationships Policy. As part of our teaching a theatre company delivers key messages to all year groups in the summer term.

Health Education

This is covered across the Curriculum within class topics, through Science topics, during PE lessons, healthy choices at lunchtimes and snack times. Healthy bodies and healthy minds are paramount.

Religious Education

Much of the aspect of "loving" is dealt with under this heading on a formal basis. The love shown by Christ and His followers is of course central. Care of the sick, oppressed, homeless, unloved, poor and family. These are included with examples of Christ's teaching in relation to each other.

Environmental Education

The school has an effective Eco-Committee of children, who volunteer or are chosen by their peers. This group meets regularly, to discuss issues surrounding recycling within school, energy consumption and conservation and ways they can raise awareness of environmental projects and accountability. A number of parents are also involved in some of these eco-projects.

This is also dealt with in topic situations and during the residential visit.

Equal Opportunities

We run an equal opportunities school.

Self Worth, Self respect, Confidence:

All these are positively built and developed by all members of staff, both teaching and non-teaching. Strategies employed include praising; setting differentiated work to ensure that all children achieve some degree of success. Opportunities are given to share with others, individual achievements accomplished both in and out of school. Opportunities are provided for individual children to be acknowledged and receive praise from their peer groups. Class awards are given out during assemblies and achievements in other areas applauded.

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Listening

Story, debate, philosophy, assembly, discussions, instructions are all used. Talking to an adult about problems i.e. discussions after an incident.

Developing Friendships

A pairing system is adopted for all new arrivals to the school. All newcomers are made to feel welcome and have an instant friend. The role of the school friend is to play with, talk to and generally befriend the newcomer. They show them around the school, show them where the toilets are and introduce them to other children.

Children are encouraged to join in the games of others and are encouraged to accept newcomers and children who have difficulty mixing.

Friendships are built using sporting activities, working in groups and in pairs.

Celebrating Key Points in Life

Birthdays, Weddings, Christmas, Easter, celebrating Mass, in school and at Church. Preparation for the Sacraments. Understanding different faiths and cultures, in order to develop good citizens in our ever changing and diverse world.

Humility Honesty and Truth

These concepts are introduced both within topics and as they are brought up spontaneously by the children and as part of R.E. lessons. The ability of an adult to admit they are wrong or unable to provide an answer are all important for a child to encounter. An adult apologising to a child is a good example for that child.

Policy Reviewed: September 2014.

Date of next review: September 2015.