



# Journey through the UK Topic Launch Day



To celebrate our new topic, we will be holding our launch day on the 10<sup>th</sup> of May.

The children are invited to wear something to represent one of the 4 countries in the UK. They are welcome to wear the colours from a flag (e.g. blue and white for Scotland) or even dress up in traditional clothing (e.g. a kilt, a shawl, a welsh hat - if you have one!). Please can your child bring a little snack that is traditionally eaten or made in one of the 4 countries (see list below for inspiration). This will be just for them to eat. Maybe your child could tell us something about what they are wearing or their snack. Finally, we will be playing games and listening to traditional music from around the UK.

## Ideas!

### Picnic food and snacks

#### **England**

- Eccles Cakes
- Cucumber sandwiches
- Cocktail Sausage
- Sausage roll
- Cornish pasty
- Scones with jam, cream or butter
- Bakewell tart
- Eton Mess
- Victoria Sponge
- Battenberg cake (made to celebrate Prince Louis marriage to Princess Victoria- Queen Victoria's daughter- in 1884)

#### **Wales**

- Welsh cakes
- Bara brith



#### **Scotland**

- Shortbread
- Digestives Biscuits (made by two Scottish Doctors to aid digestion)
- Oat cakes
- Cranachan

#### **Ireland**

- Soda bread
- Boxty
- Barmbrack

### Ideas to dress up in

