

# St. George's School Autumn Term

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## 2022 Menu

### Week 1

MONDAY 14/11/22	TUESDAY 15/11/22	WEDNESDAY 16/11/22	THURSDAY 17/11/22	FRIDAY 18/11/22
Jerk Chicken Breast Brown Rice and Peas	Chicken Gravy & Vegetable Pie Carrots & Sweetcorn	Roast Pork Roast Potatoes and Vegetables	Bolognese Pasta Bake Garlic Bread & Peas	Fishcake beans, peas and chips
Pasta Fusilli in a Tomato based Sauce Served with Peas	Grilled Cheese Panini Served with Fresh Mixed Salad	Tricolour Pasta in a Tomato Mascarpone Sauce Served with a Fresh Mixed Salad	Grilled Cheese and Ham Panini Served with Cucumber & Carrot Sticks	Pasta Fusilli Served in an Arabbiata Sauce
Chocolate Cake	Jam Sponge & Custard	Fruit Jelly	Orange Cake	Ice Cream

## Week 2

MONDAY 31/10/22	TUESDAY 1/11/22	WEDNESDAY 2/11/22	THURSDAY 3/11/22	FRIDAY 4/11/22
Chicken Burger Diced Potatoes And Green Beans  &  Sultana Sponge	Mince Beef and Onion Pie and Sweetcorn & Carrots  &  Sticky Toffee Pudding and Custard	Roast Chicken Breast, Roast Potatoes and Vegetables  &  Raspberry Jelly	Macaroni Cheese with Bacon, Garlic Bread and Peas  &  Chocolate Chip Sponge	Fish Fingers, Beans and Peas  &  Ice Cream
Pasta Fusilli in a Tomato based Sauce Served with Peas  &  Yogurt or Fruit	Grilled Cheese Panini Served with Fresh Mixed Salad  &  Yogurt or Fruit	Tricolour Pasta in a Tomato Mascarpone Sauce Served with a Fresh Mixed Salad  &  Yogurt or Fruit	Grilled Cheese & Ham Panini Served with Cucumber & Carrot Sticks  &  Yogurt or Fruit	Pasta Fusilli served in a Arrabbiata Sauce  &  Yogurt or Fruit

### Week 3

MONDAY 7/11/22	TUESDAY 8/11/22	WEDNESDAY 9/11/22	THURSDAY 10/11/22	FRIDAY 11/11/22
Savoury Suet Pudding Ground Beef wrapped & baked in a Suet Pastry	Roast Turkey Breast Roast Potatoes Seasonal Vegetables & Gravy	Vegetable Curry White & Brown Rice Mini Naan Bread	Spaghetti Bolognaise Peas & Sweetcorn	Fish, Chips & Peas
Pasta Fusilli in a Tomato based Sauce Served with Peas	Grilled Cheese Panini Served with Fresh Mixed Salad	Tricolour Pasta in a Tomato Mascarpone Sauce Served with a Fresh Mixed Salad	Grilled Ham & Cheese Served with Cucumber & Carrot Sticks	Pasta Fusilli served in an Arrabbiata Sauce
Vanilla Ice Cream or Yogurt or Fruit	Homemade Banana Muffins or Yogurt or Fruit	Syrup Sponge & Custard or Yogurt or Fruit	Oaty Biscuits or Fruit	Chocolate Crunch or Yogurt or Fruit

*Water and bread are available with each hot meal. All lunches are priced at £2.45 per day. Veg and special diets catered for upon request.  
NB. This menu is subject to change due to unforeseen circumstances*